



BARNARD CASTLE
PREPARATORY SCHOOL

WELCOME TO YEAR 3
A GUIDE FOR CHILDREN AND PARENTS
2023-2024

Introduction

Welcome to Year 3 at Barnard Castle Prep School. A new year offers new opportunities and I hope you are looking forward to having a busy and enjoyable time.

There will be plenty to do both in and out of the classroom as well as new trips to go on and new friends to make.

In this booklet there is some information to help guide you along the way. However, don't hesitate to ask any of the teachers for any help that you may need.

Have a great time.

Laura Turner
Headmistress



Class Teacher

Your Class Teachers will teach you most of the time. You will have different teachers for some lessons each week and will be given your timetable at the start of the term. If there is anything you are not sure about or if you have any questions or problems, please talk to your class teacher who will be able to help you. You will see your class teacher each morning, after lunch break and also for class time at the end of each day. Any children who are new to the School will be assigned a 'buddy' to help them to find their way around and get to know people.

Year 3 is such an exciting year as it is the beginning of your time in the upper part of Prep School and there are lots of changes as you leave Pre-Prep behind. In Year 3 you will be expected to:

- Learn to organise yourself: you will need to manage your new uniform, learn which sports kit you need to pack on which day and make sure you have got all you need for each lesson.
- Have a more mature approach to School life and behaviour now you are in Prep School.
- Work independently and set a good example to the younger children - this is an important part of your new role in Year 3.

So what else can you look forward to in Year 3? New activities, Forest School, new Sports, working in the Art Room and in the Science Lab, making new friends and working together for the all-important merit prizes and House Competitions.



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Headmistress



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Homework

In Year 3 you will get some homework each evening. This helps you to remember work covered in class and also extends your learning. You should be able to complete the homework set independently. We also expect everyone to read at home regularly – ideally for at least 10 minutes every day.

If you find a task difficult, please do as much as you can and leave the rest. Talk to your class teacher about it the next day and ask your parent or house parent to put a note in your Prep Diary.

You will also be introduced to ‘Takeaway Homework’, which allows you to decide what challenge you would like to complete.

You will find out more about this in September.



Prep Diaries

These are really important for organising your busy Year 3 life. Each day you should write any homework tasks, special events or music lessons in your diary. Your class teacher may also write notes in there for you and your parents, and your parents can write their own questions or comments in too. Don't forget to show your class teacher if your parents have written a note in your diary.

Prep Diaries will be checked by your Class Teacher every day and should be signed by your parents every weekend and then handed in to your class teacher every Monday morning. A well-kept Prep Diary is a really easy way to earn merits for you and your House.

Merits

You will already know which House you belong to.

Drake
Gilbert
Grenville
Raleigh



You earn merits for your House by following The Barney Way. The merits are added up at the end of each term and the Merit Shield is awarded to the House with the most merits.

A demerit may be given for thoughtless behaviour, which means that one point is taken away from your House's points. You can earn Bronze, Silver and Gold Merit Certificates by gaining merits each term.

Something on your mind?

If you are worried or upset, you can talk to:-

- Any of your teachers
- Mrs Morse, the School Nurse or the School Counsellor
- Your parents or your friends
- School's Independent Listener, call 07817 484818
- ChildLine, call 0800 11 11
- Peer Support at The Burrow

If you are concerned, speak to your class teacher, the Deputy Head or the Headmistress or any member of the Junior Boarding staff for boarders.

Co-Curricular Programme

Activities take place in the School day at break time, lunch time and after School. These are delivered by School staff, as well as external teachers and coaches. A booklet which contains all the information about activities will be emailed to your parents before the start of each term. You should chat to your parents about which clubs you would like to sign up for, and your parents will then complete the online form for you before the start of term.



Once you have started an activity, you are expected to attend every week until the end of term and to give your apologies to the member of staff running the club if you cannot attend.

Forest School

Every other week we have time in our Forest School. We go out in all weathers and this is an exciting opportunity to learn about nature, light fires, practise tool skills, den building and explore the outdoors. You will need to remember your waterproofs, wellies and warm clothes.



Trips and Residentials

You will have some exciting trips or visitors to look forward to, linked to the work you do in the classroom. Year 3 also have the opportunity to have a sleep over at School as part of your Forest School experience.



Sports Fixtures

If you are selected to play in a team, your name will appear on a team sheet, displayed on the sports noticeboard outside the Atkinson Hall, with all the details of the match and the kit you will need. These details can also be found on the SchoolSports website. You will need to write all the details in your Prep Diary for your parents and remember to be organised on the day.

Uniform

Your appearance is very important and you should always be dressed smartly in the correct uniform. Hair must be hair tied back if it is shoulder length or longer. Short hair should be brushed and neat. Your school shoes should be black or navy and you are responsible for ensuring they are polished every day.



It is anticipated that you will have two days of PE and Games a week and should come to School in your PE kit on these days, and your School Uniform on the other three days. You will also go swimming every week using the Senior School pool.

On occasion, items of uniform can get mixed up or misplaced, therefore please ***ensure that all items are clearly labelled.***



Equipment for Year 3

Everyday items

You will need a named pencil case containing the following equipment: two pencils, a ruler, highlighter, scissors, pens, rubber and pencil sharpener, coloured pencils, glue stick. ***Your pencil case should be small enough to fit in your tray, so only bring the essentials.***

Swimming

Towel, navy swimming costume or navy swimming trunks, white swimming cap (girls) and goggles.

PE*

School crested PE shorts (for boys), school crested Games skort (for girls), House T-shirt, short white socks, indoor and outdoor sports trainers, school tracksuit.

****Please see PlayerLayer uniform lists.***

Games*

Towel, school rugby/hockey shirt, navy rugby shorts/skort, school Games socks, school tracksuit, cricket whites (for boys), football/rugby boots (for boys - kite marked studs), outdoor trainers (for girls), indoor trainers for wet weather, mouthguard, shin pads.

You will need either the rucksack or holdall available from PlayerLayer to carry your kit in.

Forest School

Wellingtons, all in one waterproof suit, hat, scarf and gloves.



A teacher with long dark hair, wearing a light blue sweater and a patterned skirt, sits on the floor. Two young students in school uniforms are sitting on either side of her. The student on the left is raising their hand. The student on the right is resting their chin on their hand. The background shows a classroom with shelves holding various toys, including dinosaurs, and educational materials like alphabet cards and colorful bottles.

WELLBEING

Prep School is a happy place and we help to keep it that way by taking care of our wellbeing regularly. During class time in the morning, after lunch and at the end of lessons, you will spend time with your class teacher following a structured *Wellbeing Programme*, which includes yoga stretches, breathing, listening to a story or simply colouring and reading silently. Because we like to be very busy at Prep School, it is important that we all take the time to breathe, reset and ask ourselves how we are feeling.

A BARNEY EDUCATION

At Prep School we help children develop skills that we feel they will need most as they continue their journey through Barney and beyond. We use the terms **Feel**, **Be**, **Share** and **Go**, and develop the following values as children progress through the School through the Prep School Superheroes.

			
FEEL	BE	SHARE	GO
<i>How you feel within</i>	<i>Who you are & how you behave</i>	<i>How you interact with people</i>	<i>How you learn and make progress</i>
Gratitude Courage Resilience	Humility Integrity Humour	Compassion Service Leadership	Curiosity Endeavour Creativity





BARNARD CASTLE
PREPARATORY SCHOOL

The Barney Way



Be Kind
Be Polite
Be Smart
Be Organised
Be Respectful

BEBE

says...

*'Remember to always
follow the Barney Way'*