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| **Week 1 Lunch Trinity 2022** | |  |  |  |  |  |
| **Monday Lunch** | **Tuesday Lunch** | **Wednesday Lunch** | **Thursday Lunch** | **Friday Lunch** | **Saturday lunch** | **Sunday Lunch** |
| **Homemade Tomato Soup** | **Leek and Potato Soup** | **Carrot and Coriander Soup** | **Garden Vegetable Soup** | **Lightly Curried Parsnip Soup** |  | **Full English Breakfast** |
| **Chilli Con Carne with Rice and Taco Shell** | **Szechuan Beef Stir Fry** | **Honey & Mustard Roast Bacon Loin** | **Butterflied Cajun Chicken Breast** | **Battered Catch of the day, Tartare Sauce & Lemon** | **Local Farmhouse Sausages & Mash with Red Onion Gravy** | **Grilled Bacon Farmhouse, Sausages, Black Pudding** |
| **Yellow Pepper & Soya Bean Stir Fry** | **Korean Aubergine Noodles** | **Butternut Squash and Sage Risotto** | **Veggie Jambalaya** | **Mature Cheddar Cheese & Tomato Quiche** | **Quorn Sausages & Mash with Red Onion Gravy** | **Cup Mushrooms, Hash Browns, Grilled Tomatoes, Black Pudding** |
| **Macaroni**  **Ham n Cheese** | **Veggie Carbonara** | **Cherry Tomato Harissa & Caper Pasta** | **Fennel, Lemon, parsley & Caper Pasta** | **Veggie Dirty Rice** | **Pasta with Broccoli Sauce** | **Quorn Sausages, Baked Beans** |
| **Herb Diced Potatoes, Buttered Green Beans, Carrot Batons** | **Egg Fried Rice, Prawn Crackers, Sesame Broccoli** | **Herby Roast Potatoes, Cauliflower Cheese Bake, Buttered Savoy Cabbage** | **Tomato Rice Cajun and Lime Corn Cob** | **Chunky Chips Garden Peas & Mushy Peas** | **Creamy Mash Potatoes, Roasted Root Vegetables, Red Onion Gravy** | **Croissants & Danish Pastries** |
| **Jacket Potatoes, Grated Cheese, Baked Beans** | **Jacket Potatoes , Grated Cheese, Baked Beans** | **Jacket Potatoes, Baked Beans** | **Jacket Potatoes, Sauté Potatoes, Baked Beans** | **Jacket Potatoes, Chipped Potatoes, Baked Beans** | **Jacket Potatoes , Herby New Potatoes , Baked Beans** |  |
| **Selection of freshly prepared Salads** | **Selection of freshly prepared Salads** | **Selection of freshly prepared Salads** | **Selection of freshly prepared Salads** | **Selection of freshly prepared Salads** | **Selection of freshly prepared Salads** | **Selection of freshly prepared Salads** |
| **Vanilla Sponge & Custard** | **Fresh fruit Salad Pots** | **Lemon Drizzle Cake** | **Strawberry Pavlova Pots** | **Mars Bar Cake** | **Mango Fool** |  |
| **Fresh Fruit or Fruit Yoghurts** | **Fresh Fruit or Fruit Yoghurts** | **Fresh Fruit or Fruit Yoghurts** | **Fresh Fruit or Fruit Yoghurts** | **Fresh Fruit or Fruit Yoghurts** | **Fresh Fruit or Fruit Yoghurts** | **Fresh Fruit or Fruit Yoghurts** |

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| **Week 1 Dinner Trinity 2022** | |  |  |  |  |  |
| **Monday Dinner** | **Tuesday Dinner** | **Wednesday Dinner** | **Thursday Dinner** | **Friday Dinner** | **Saturday Dinner** | **Sunday Dinner** |
| **Chicken Noodle Soup** | **Mushroom Soup** | **Tomato Soup** | **Asian Miso Broth** | **Spring Vegetable Soup** | **Chefs’ soup of the day** |  |
| **Steak and Ale Pie** | **Lamb Rogan Josh with Steamed Rice** | **Beef Burger with Monterey Jack Cheese in Sesame Seed Bun** | **Chinese Chicken Curry** | **Beef Lasagne** | **Meat Feast Pizza** | **Roast Beef & Yorkshire Puddings** |
| **Creamy Mushroom Carbonara** | **Tomato & Mozzarella Pizza with Rocket and Olives** | **Butterbean & Filo Strudel** | **Vegetable Spring Rolls Sweet & Sour Sauce** | **Indian Sweet Potato & Bean Stew** | **Chargrilled Vegetable & Pesto Pizza** | **Lentil Roast** |
| **Steamed new Potatoes, Garden Peas, Sweetcorn** | **Parmentier Potatoes, Cauliflower Florets, Green beans** | **Skinny fries, Fresh Broccoli Florets, Buttered Carrots** | **Braised Cardoman Rice, Prawn Crackers, Stir Fried Vegetables** | **Buttered New Potatoes, Baton Carrots, Green Beans** | **Spicy Jacket Wedges, Buttered Corn on the Cob** | **Roast Potatoes Buttered New Potatoes, Panache of Market Vegetables** |
| **Selection of freshly prepared Salads** | **Selection of freshly prepared Salads** | **Selection of freshly prepared Salads** | **Selection of freshly prepared Salads** | **Selection of freshly prepared Salads** | **Selection of freshly prepared Salads** | **Selection of freshly prepared Salads** |
| **Triple Chocolate Doughnuts** | **Sticky Toffee Gateaux** | **Lemon Cheesecake Pots** | **Biscoff Traybake** | **Peach and Apricot Crumble & Cream** | **Chocolate Cake** | **Sticky Toffee Pudding Butterscotch Sauce** |
| **Fresh Fruit or Fruit Yoghurts** | **Fresh Fruit or Fruit Yoghurts** | **Fresh Fruit or Fruit Yoghurts** | **Fresh Fruit or Fruit Yoghurts** | **Fresh Fruit or Fruit Yoghurts** | **Fresh Fruit or Fruit Yoghurts** | **Fresh Fruit or Fruit yoghurts** |