

7 tips to get you ready for exams

1

Know your content.

Spend time and energy memorising the important knowledge points. These could be formulae, quotes, units or definitions.

2

Know the meaning of command words.

Do you know your **'analyse'** from your **'evaluate'**? What is the difference between **'explain how'** & **'explain why'**?

3

Look after yourself.

Eat and drink properly.
Sleep well.
Exercise every day.

4

Concentration is key.

The average for peak concentration is 14 minutes. If you can keep going for hours, it probably means you're not concentrating. Take a break.

5

Decide what to do in between exams.

If you decide to rest, rest. If you decide to socialise for an hour, socialise for an hour.

6

Avoid cramming.

Cramming means you are not prepared. Start revising early and avoid the need for the last minute cramming.

7

Check your equipment.

Check you have the equipment that you need and ensure it is working. Oh, and take a spare pen!

