

WEEK 1

Monday

Breakfast

Fried eggs, bacon, muffins, Spaghetti hoops

Porridge & cereals

Lunch

Themed fish salad bar

Jacket potatoes

Chicken & leek soup

Chicken fried rice **G**

Lancashire hot pot **G**

Tomato & basil pasta **V**

Peas & sweetcorn

Broccoli

Steamed lemon sponge & custard

Dinner

GERMAN THEME NIGHT

Pork Schnitzel

Rouladen Beef GF

Mixed bean Eintopf (Vegan)

Carrots

Braised Cabbage

Mash Potatoes

Apple Strudel



WEEK 1

Tuesday

Breakfast

Selection of Continental meats, cheeses and breads

Porridge & cereals

Lunch

Assorted meat salad bar

Jacket potatoes

Tomato soup **G**

Chicken casserole with sage & onions dumpling **G**

Vegetable casserole with dumpling **V**

Macaroni Cheese & bacon

Creamed potato

Green beans, Baby carrots

Rice pudding with chocolate drops

Dinner

Lasagne

Green pesto crumbed chicken

Vegetable risotto **V G**

Wedge potatoes

Peas

Courgettes & cherry tomatoes

Salad selection

Ice cream Bar.



WEEK 1
Wednesday

Breakfast

Bagels, bacon, poached eggs, cream cheese, sliced tomatoes
Porridge & cereals

Lunch

Cheese & cracker salad bar
Jacket potatoes
Vegetable soup **G**
Roast pork loin with stuffing and apple sauce **G**
Yorkshire puddings
Roasted vegetable lasagne & garlic bread **V**
Baby roast potatoes
Cauliflower cheese and peas

Dinner

Chinese Theme Night

Oriental hoi sin chicken
Sweet & sour pork
Stir fry soya noodles **V**
Noodles
Egg fried rice
Green beans and mushrooms
Prawn crackers
Mini spring rolls **V**
Fresh fruit salad with cream



WEEK 1
Thursday

Breakfast

Pan au Chocolate & butter croissants
Porridge & cereals

Lunch

Continental salad bar
Jacket potatoes
Mushroom soup
Braised beef melting onions **G**
Chicken & leek pie
Veg & potato crumble pie **V**
New potatoes
Baby carrots
Buttered cabbage
Gravy
Assorted jellies & yoghurts

Dinner

Bacon chop **G**
Creamy vegetable lattice slice **V**
Pasta bolognaise
New potatoes
Buttered cabbage
Sliced carrots
Fresh fruit salad with cream



WEEK 1

Friday

Breakfast

Sausage, scrambled eggs, mushrooms, vegetable ravioli

Porridge & cereals

Lunch

Salad bar

Battered cod

Americans dogs G

Chips V

Mini corn on the cob

Beans

Ice lollies

Dinner

Curry Theme Night

Goan prawn curry & rice G

Chicken tikka & rice G

Vegetable korma V

Cheese & ham petit pan

Poppadoms

Naan breads

Bombay potatoes

Ice cream float



WEEK 1

Saturday

Breakfast

Pancakes, waffles, maple syrup, natural yoghurt & summer berries

Porridge & cereals

Lunch

Chilli chicken pasta

Hot pork bap with apple sauce & stuffing **G**

Homemade veggie pattie **V**

Herby diced potatoes

Counter salad

Fruit salad

Dinner

Surf & turf night

Rump steak **G**

Fish goujons

Grilled halloumi & couscous **V**

Stealth fries

Onion rings

Peas

Salad selection

Chocolate cheesecake



WEEK 1

Sunday

8.30-9am Cereals & toast

9-10am Full English

12.30-1.30pm Selection of
Pasta, breads and salads

Tea

Roast chicken & stuffing **G**
Roast beef with yorkie puds

Veggie wellington **V**

Roast potatoes

Savoy cabbage

Baby carrots

Gravy

Apple & mixed berry crumble & cream



WEEK 2

Monday

Breakfast

Bacon, Fried eggs, beans, sautéed potatoes

Porridge & cereal

Lunch

Themes fish salad bar

Jacket potatoes

Tomato soup **G**

Cumberland sausage

Mushroom or cheese & onion Quiche **V**

Beef stew & dumpling

New potatoes

Broccoli

Baby carrots

Steamed Jam sponge & custard

Dinner

Vegetable ravioli **V**

Chicken stroganoff served with rice **G**

Scampi & tartar sauce

Potato wedges

Pea & sweetcorn

Counter salad

Ice cream pots



WEEK 2

Tuesday

Breakfast

Chocolate & butter crossiants

Porridge & cereal

Lunch

Assorted meat salad bar

Jacket potatoes

Pea & ham soup

Shepherd's pie **G**

Pasta carbonara

Veggie shepherd's pie **V G**

Green beans

Winter cabbage

Cauliflower au gratin

Rice pudding

Dinner

Chilli mince Nachos & cheese **G**

Mixed bean Chilli **V**

Meatballs in gravy

Croquette potatoes

Counter salad

Lemon meringue pie



WEEK 2
Wednesday

Breakfast

Bacon, scrambled egg, Hash browns & beans
Porridge & cereal

Lunch

Cheese & crackers salad bar
Jacket potatoes
Vegetable soup **G**
Roast Gammon & apple sauce **G**
Yorkshire puddings
Roast vegetable pie **V**
Baby roast potatoes
Carrots
Mashed swede, broccoli
Gravy
Apple crumble & custard

Dinner

Chilli salmon & teriyaki noodles
Chinese style pork & rice **G**
Garlicky mushroom pasta **V**
New potatoes
Green beans and Sweetcorn
Counter salad

There's a mousse loose about this house



WEEK 2
Thursday

Breakfast

Sausage, poached egg, potato waffles & beans
Porridge & cereal

Lunch

Continental meat salad bar
Jacket potatoes
Chicken & sweetcorn soup
Steak & ale pie
Chicken arrabiata & pasta
Sweet potato & coconut curry **V**
New potatoes
Peas
Cauliflower Cheese
Treacle sponge and custard

Dinner

Greek theme night

Moussaka
Aubergine, potato & goats cheese gratin **V**
Souvlaki chicken skewers
Herby diced potato
Broccoli
Sliced tomatoes and basil
Pitta breads and Tzatziki dip
Melon & grapes



WEEK 2

Friday

Breakfast

Bacon, Pancakes & maple syrup

Porridge & cereal

Lunch

Battered cod & tartar sauce

Chicken curry & rice **G**

Vegetable chilli & rice **V**

Chips

Sweetcorn

Beans

Assorted jellies or yoghurts

Dinner

Grill night

Grilled chicken **G**

Pork chop **G**

Black pudding

Onion rings

Veggie sausage & Veggie nuggets **V**

Jacket wedges

Corn on the cob

Salad selection

Chocolate cake



WEEK 2

Saturday

Breakfast

Crumpets, Scrambled egg & beans

Porridge & cereal

Lunch

Beef baps & horseradish

Cajun Chicken & rice **G**

Cajun Veg & rice **V**

Noisette potatoes

Salad selection

Fruit

Dinner

Burger night

Beef burger

Lamb burger

Chicken burger

Bacon

Cheese slices

Fried onions

Stealth fries

Shredded lettuce & tomatoes

Ice cream bar



WEEK 2

Sunday

8.30-9am Cereal & toast

9-10am Full English

12.30-1.30pm selection of paninis
Served with Potato wedges and salad

Dinner

Roast chicken & stuffing G

Roast pork

Roast potato

Swede

Broccoli

Gravy

Profiteroles & chocolate sauce



WEEK 3

Monday

Breakfast

Waffles served with chocolate sauce, forest fruits and natural yogurt

Porridge & cereal

Lunch

Themed fish salad bar

Jacket potatoes

Broccoli & Stilton soup

Chicken Kiev

Italian meatball pasta

Mixed bean & red pepper chilli **V G**

New potatoes

Baton carrots

Broccoli

Ginger sponge & white sauce

Dinner

French theme night

French style chicken with peas & bacon

Beef bourguignon

Vegetable ratatouille **V**

bolongaire potatoes

Green beans

White chocolate crème brulee



WEEK 3

Tuesday

Breakfast

Sausage, fried egg, potato waffles, spaghetti hoops

Porridge & cereal

Lunch

Assorted sliced meat salad bar

Jacket potatoes

Leek & potato soup

Lamb stew & mint dumpling

Chilli mince & rice **G**

Pearl barley, parsnip and lemon tagine **V G**

Creamed potato

Baby carrots

Medley of greens

Gravy

Strawberry tart & custard

Dinner

Curried chicken tray bake **G**

Marmalade pork steaks **G**

Pea & parmesan risotto **V G**

New potatoes

Roasted peppers and sweetcorn

Cup cakes



WEEK 3
Wednesday

Breakfast

Bacon, scrambled egg, Hash browns & beans
Porridge & cereal

Lunch

Cheese salad bar
Jacket potatoes
Vegetable soup
Roast Beef & horseradish G
Yorkshire puddings
Vegetable tortellini in tomato sauce V
Baby roast potatoes
Cauliflower & broccoli
Peas
Gravy
Assorted doughnuts

Dinner

Mince & onion pie
Homemade fish fingers with tartar sauce
Vegetable Quorn pie V
Chips
Mushy peas
Counter salad
gravy
Homemade cookies



WEEK 3
Thursday

Breakfast

Grilled bacon, eggy bread & beans
Porridge & cereal

Lunch

Continental meat salad bar
Jacket potatoes
Ham & lentil soup
Chicken jambalaya **G**
Bacon chop
Leek, cheese, potato pasties **V**
Herby new potatoes
Garlicky greens
Sweetcorn
Squishy pear & chocolate pudding

Dinner

Spanish theme night

Spanish chicken pie **G**
Seafood paella **G**
Spiced tortulk **V**
Potatas bravas
Counter salad
Churros and sauce



WEEK 3

Friday

Breakfast

Chocolate & butter croissants

Porridge & cereal

Lunch

Battered cod & tartar sauce

Chicken fajita **G**

Vegetable fajita **V**

Chips

peas

Beans

Ice cream

Dinner

Italian theme night

Homemade pizza **G V**

Garlic & herb Pasta **V**

Tomato & basil Pasta **V**

Coleslaw

Salad

Garlic dip

Tiramisu



WEEK 3

Saturday

Breakfast

Sausage, hash browns, scrambled egg & beans

Porridge & cereal

Lunch

Ham & cheese omelettes **V G**

Pasta bolognese

Herby diced potatoes

Sweetcorn

Salad selection

Fruit

Dinner

BBq Pulled pork in a brioche bap

Chicken parmo **G**

Vegetarian pattie in a brioche bap **V**

Peas

Counter salad

Curley fries

Strawberry cheesecake



WEEK 3

Sunday

8.30-9am

Cereal & toast

9-10am

Full English

12.30-1.30pm

Jacket potatoes with a selection of fillings

Yoghurts & fruit

Dinner

Roast chicken & stuffing **G**

Roast gammon

Savoury quorn mince & dumplings **V**

Roast potatoes

Carrots

Broccoli

Gravy

Sticky toffee pudding and custard

