

MONDAY WEEK 1

BREAKFAST

Bagels, Bacon, Poached Eggs, Porridge
Fruit Selection

LUNCH

Hot Jacket Potatoes **V V G** ●

Vegetable Soup **V V G** ●

Available at Salad Bar

Chicken Fried Rice **G** ●

Lancashire Hotpot ●

Tomato & Basil Sauce Pasta **V** ●

Peas & Sweetcorn

Broccoli

Lemon Sponge & Custard

TEA

Braised Beef ●

Mushroom, Shallot & Squash Pie **V** ●

Bacon Chop **G** ●

New Potatoes

Buttered Cabbage

Carrots

Fresh Fruit Salad & Cream

G – Gluten Free V – Vegetarian V – Vegan

● *Healthy Choice* ● *Ok Choice* ● *Less Healthy Choice*

TUESDAY WEEK 1

BREAKFAST

Sausage, Scrambled Egg, Beans,
Grilled Tomatoes, Mushrooms
Fruit Selection

LUNCH

Hot Jacket Potatoes **V V** ●
Tomato Soup ●
Available at Salad Bar

Vegetable Casserole **V** ●
Chicken Casserole with Sage & Onion Dumplings ●
Macaroni Cheese & Bacon ●
Creamed Potatoes
Green Beans
Carrot Batons

Jam Doughnuts

TEA

Butter Chicken Curry & Rice ●
BBQ Sausage served with a Sweetcorn Fritter **G** ●
Sweet Potato Tikka Curry **V** ●
Sautéed Potatoes
Peas
Sautéed Courgettes & Tomatoes
Salad Selection

Rice Pudding & Chocolate Buttons

G – Gluten Free V – Vegetarian V – Vegan

● *Healthy Choice* ● *Ok Choice* ● *Less Healthy Choice*

WEDNESDAY WEEK 1

BREAKFAST

Fried Eggs, Bacon, Muffins, Spaghetti Hoops
Fruit Selection

LUNCH

Hot Jacket Potatoes **V V G** ●
Chicken & Leek Soup ●
Available at Salad Bar

Roast Loin of Pork **G** with Stuffing & Yorkshire Pudding ●
Roasted Vegetable Lasagne & Garlic Bread **V G** ●
Roast Potatoes
Braised Red Cabbage
Cauliflower Cheese
Mushy Peas

Chocolate Sponge & Custard

TEA

Cottage Pie **G** ●
Herby Poached Cod served on a Veg Rice ●
Cheese & Potato Pie **V** ●
New Potatoes
Baked Beans
Broccoli
Carrots
Salad Selection

Milkshake & Biscuit

G – Gluten Free V – Vegetarian V – Vegan

● *Healthy Choice* ● *Ok Choice* ● *Less Healthy Choice*

THURSDAY WEEK 1

BREAKFAST

Pain au Chocolat & Butter Croissants
Fruit Selection

LUNCH

Hot Jacket Potatoes **V V G** ●

Mushroom Soup **V** ●

Available at Salad Bar

Pasta Bolognese ●

Chicken & Leek Pie ●

Vegetable Potato Crumble Pie **V** ●

New Potatoes

Carrot Batons

Broccoli

Gravy

Assorted Jellies

TEA

Lasagne ●

Assorted Pizza **G V** ●

Vegetable Lasagne **V** ●

Potato Wedges & Garlic Dip

Coleslaw & Salad

Peas

Bakewell Tart & Custard

G – Gluten Free V – Vegetarian V – Vegan

● *Healthy Choice* ● *Ok Choice* ● *Less Healthy Choice*

FRIDAY WEEK 1

BREAKFAST

Sausage, Boiled Egg, Mushroom, Beans & Petit Pan
Fruit Selection

LUNCH

Salad Bar
Battered Cod & Tartar Sauce ●
Chicken Fajitas ●
Vegetables Fajitas V G
Chips
Peas
Baked Beans

Ice Lollies

TEA

Goan Prawn Curry & Rice ●
Chicken Tikka Masala ●
Vegetable Korma V ●
Creamy Pea & Green Pesto Pasta

Ice Cream Bar

G – Gluten Free V – Vegetarian V – Vegan

● Healthy Choice ● Ok Choice ● Less Healthy Choice

SATURDAY WEEK 1

BREAKFAST

Pancakes, Waffles, Maple Syrup
Served with Natural Yoghurt & Summer Berries
Fruit Selection

LUNCH

Honey & Mustard Chicken Pasta ●
Hot Pork Bap with Apple Sauce ●
Cheese Toasties V ●
Selection of Potatoes & Vegetables

Fruit Selection

TEA

Surf & Turf Night:
Minute Steaks ●
Pork Steaks
Scampi
Salt & Pepper Cod Goujons
Chips
Onions Rings
Peas
Salad Selection

Milkshake & Biscuits

G – Gluten Free V – Vegetarian V – Vegan

● Healthy Choice ● Ok Choice ● Less Healthy Choice

SUNDAY WEEK 1

8.30am - 9am

Cereals & Toast

9am - 10am

Full English Breakfast

12.30pm - 1.30pm

Selection of Pasta, Salad & Breads

TEA

Roast Gammon & Apple Sauce **G** ●

Roast Turkey & Cranberry **G** ●

Nut Roast **V V** ●

Yorkshire Puddings

Served with a selection of Vegetables & Potatoes

Jam Sponge & Custard

G – Gluten Free V – Vegetarian V – Vegan

● *Healthy Choice* ● *Ok Choice* ● *Less Healthy Choice*